

Recycled *Smørbrød* Sandwich Art

Smørbrød is a traditional Norwegian open-face sandwich. It is usually made with a slice of bread and layer of butter or another spread with different combinations of toppings, which can include meats, cheeses, and vegetables artfully arranged in layers on top of one another. Be a sandwich artist and create your own *smørbrød* using recycled materials and art supplies you have at home!

You will need:

- Thinner cardboard, such as cracker or cereal boxes
- Bottle caps, tissue paper, newspaper, construction paper scraps, shredded paper, gift bag stuffing, ribbons, etc.—whatever you can find in recycling or art supplies that you want to reimagine as sandwich toppings
- Scissors
- Glue
- Bread slice template—see page 2 (optional—if you use this you may need a pen or pencil to trace around the template onto the cardboard)

Directions:

- Break down a thin cardboard box, such as a cracker or cereal box, so that it is flat. The insides of the boxes are usually plain brown or white in color and this side of the cardboard works well as a slice of “bread”.
- Trace a bread slice shape onto the cardboard using the template or your own design, then cut it out.
- Cut, shape, and arrange the recycled or art materials you have collected as toppings on your cardboard slice of bread. Use your imagination and get creative!
- When you’ve decided on the toppings and how they should look, glue the toppings onto the plain, unprinted side of your cardboard bread slice.
- What kind of *smørbrød* or open-face sandwich did you make? Explain the “toppings” you chose to a family member.



Smørbrød Bread Slice Template

